**HMA Calendar 2025**

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| **Date** | **Event** | **Location** |
| Mon 6th January | Dojo reopens – Classes return | Potters Bar & Barnet |
| Sat 18th January | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sat 1st February | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sat 8th February | Karate Grading1:30pm White belt taking yellow stripe belt3pm Yellow stripe belt taking yellow belt4:30pm Taking orange belt and above | Potters Bar Pope Paul School |
| Sun 9th February | HMA Dojo Karate & Kobudo Tournament10am Kata + Kumite Yellow & Orange belts12pm Kobudo All grades1pm Kata + Kumite Green & Above belts | Potters BarElm Court |
| 17th – 19th February | Spring Multi Sports Club 9am – 2:30pm  | Pope Paul School  |
| Sun 2nd March | KKE South Karate & Kobudo Training | Potters Bar / Barnet |
| Sat 8th March | Team Rotation Showdown 2pm – 5pm | Ilford, Shinka Dojo |
| Sun 9th March | EUKF Karate Competition | Clacton |
| Sat 15th March | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| 22nd & 23rd March | WUKF British Karate & Kobudo Competition | Crawley |
| Sat 29th March | Karate Grading2pm white belt training3pm white belt taking yellow stripe belt4:30pm yellow stripe belt training5:30pm yellow stripe belt taking yellow belt | WareWodson Park |
| Sun 30th March | Karate Grading9:30am white belt training10:30am white belt taking yellow stripe belt12pm yellow stripe belt training1pm yellow stripe belt taking yellow belt | Potters BarElm Court |
| Sat 5th April | Kobudo Grading 2pm – 3:30pm | Pope Paul School |
| Mon 7th April Tue 8th AprilWed 9th April | Easter Karate Course9:30am – 11am yellow, orange & green belts11am – 1pm blue & brown belts1pm blue & brown belt grading on last day | Ware Drill Hall |
| Thu 10th April | Nunchaku Kobudo Course 11am – 1pm | Ware, Drill Ware |
| 14th – 16th April | Easter Multi Sports Club 9am – 2:30pm | Pope Paul School |
| Thu 17th April | Nunchaku Kobudo Course 11am – 1pm | Barnet, Wesley Hall |
| Sat 26th April | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sun 27th April | EKA Karate Competition | Leigh |
| Sat 3rd May | Team Rotation Showdown 2pm – 5pm | Ilford, Shinka Dojo  |
| Sun 11th May | EUKF Karate Competition | Clacton |
| Sun 18th May | Leeds u21 Open Karate Competition | Leeds |
| 27th – 29th May | May Multi Sports Club 9am – 2:30pm | Pope Paul School  |
| Sat 24th May | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sat 31st May | Scottish Open Karate Competition | Dundee |
| Sat 7th June | Karate Grading1:30pm White belt taking yellow stripe belt3pm Yellow stripe belt taking yellow belt4:30pm Taking orange belt and above | Potters Bar Pope Paul School |
| Sun 15th June | KKE National Training Karate & Kobudo | Sheffield |
| Sat 21st June | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sun 6th July | HMA Dojo Karate & Kobudo Tournament10am Kata + Kumite Yellow & Orange belts12pm Kobudo All grades1pm Kata + Kumite Green & Above belts | Potters BarElm Court Centre |
| 9th – 13th July | WUKF World Championship | Malmo Sweden |
| Sun 20th July | Karate Grading10:30am white belt training11:30am white belt taking yellow stripe belt1pm yellow stripe belt training2pm yellow stripe belt taking yellow belt | Potters Bar Pope Paul School |
| Mon 28th JulyTue 29th JulyWed 30th July | Summer Karate Course9:30am – 11am yellow, orange & green belts11am – 1pm blue & brown belts1pm blue & brown belt grading on last day | WareDrill Hall |
| Thu 31st July | Karate Grading9:30am white belt training10:30am white belt taking yellow stripe belt12pm yellow stripe belt training1pm yellow stripe belt taking yellow belt | WareWodson Park |
| 2nd – 17th August | Summer break – No classes | Potters Bar & Barnet |
| 4th – 8th August | Summer Multi Sports Club 9am – 2:30pm | Pope Paul School |
| Mon 18th August | Dojo reopens – Classes return | Potters Bar & Barnet |
| Tue 26th AugustWed 27th AugustThu 28th August | Summer Karate Course9:30am – 11am yellow, orange & green belts11am – 1pm blue & brown belts1pm blue & brown belt grading on last day | BarnetWesley Hall |
| Sat 30th August | Summer Kobudo Course & Grading10am – 12pm training12pm grading | Potters Bar Pope Paul School |
| Sat 6th September | HMA Squad Kumite Training 2pm – 4pm | Pope Paul School  |
| Sun 14th September | GB Open Karate & Kobudo Competition | Birmingham |
| Sun 21st September  | EUKF Karate Competition | Clacton |
| Sat 27th September  | Team Rotation Showdown | Ilford, Shinka Dojo  |
| Sun 28th September | KKE National Karate & Kobudo Training | Sheffield |
| Sat 4th October | Team Rotation Showdown 2pm – 5pm | Ilford, Shinka Dojo |
| Sun 5th October | KKE South Karate & Kobudo Training | Great Yarmouth |
| Sat 11th October | HMA Squad Kumite Training 2pm – 4pm | Potters Bar  |
| Sat 18th October | Karate Grading1:30pm White belt taking yellow stripe belt3pm Yellow stripe belt taking yellow belt4:30pm Taking orange belt and above | WareDrill Hall |
| Sun 19th October  | Karate Grading10am White belt taking yellow stripe belt11:30am Yellow stripe belt taking yellow belt1pm Taking orange belt and above  | Potters Bar Pope Paul School |
| 27th – 29th October  | Autumn Multi Sports Club 9am – 2:30pm | Pope Paul School |
| October TBD | WUKF European Championship  | Latvia, Riga |
| Sat 8th November | HMA Squad Kumite Training 2pm – 4pm | Potters Bar  |
| Sun 16th November | EUKF Karate Competition | Clacton |
| Sun 23rd November | HMA Dojo Karate & Kobudo Tournament10am Yellow & Orange belts12pm Kobudo All grade1pm Green & Above belts | Potters BarElm Court Centre |
| Sat 29th November | Team Rotation Showdown 2pm – 5pm | Ilford, Shinka Dojo |
| Sun 14th December | Karate Grading10am White belt taking Yellow Stripe belt11:30am Yellow Stripe belt taking Yellow belt1:30pm Yellow belt taking Orange belt3pm Taking Green belt and above | Potters BarElm Court Centre |
| 22nd Dec – 4th Jan | Winter break - No classes | Potters Bar & Barnet |